

Phase 1

Phase 2

Build a mental health career development pathway

- Mental health capabilities framework
- Best practice principles for early career
- Comprehensive learning and development framework
- OTA mental health endorsement
- Pathway to supervision



Continue to build professional capacity

- Encourage increased participation in leadership development opportunities for OTs
- Explore opportunities to develop a sustainable advanced practice model for the profession
- Continue to build on supervision pathway

Develop a strategic advocacy plan

- Build and foster stakeholder relationships
- Lobby for formal recognition of mental health OT across key funding programs and settings
- Build data and evidence on the value of mental health OT



Expand the reach and impact of advocacy and lobbying

- Expand stakeholder reach and influence
- Continued and targeted lobbying for formal recognition of mental health OT across key funding programs and settings

Raise the profile of mental health occupational therapy through

- Building consumer and lived experience relationships
- Consistent communications of key messages
- Representing and presenting at OT and specific mental health conferences and forums



Active communications

- Proactive communications to promote mental health OT
- Continued and increasing engagement with lived experience sector to develop meaningful and productive partnership and communications